WORK & CARE: A Balancing Act

WHO ARE EMPLOYEE CARERS?

Individuals (family members, neighbours, friends and other significant people) who take on a caring role to support someone with a diminishing physical ability, a debilitating cognitive condition or a chronic life-limiting illness, while also balancing paid employment.

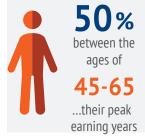
WHO ARE THEY?



6.1 MILLION carers are in the workforce, representing35% of employed Canadians.



Provide up to 30 hr / wk of unpaid care for an average of 3 years.





WHEN WORK AND CARE ARE UNBALANCED, employee carers must:



TAKE A LEAVE OF ABSENCE 26%



QUIT THEIR
JOBS



REDUCE THEIR WORK HOURS 15%



TURN DOWN JOB OPPORTUNITIES 10%



MISS DAYS OF WORK 4 IN 10

COST TO EMPLOYEE CARERS

In order to care for their loved ones, carers lose opportunities:



LOST WAGES



DECREASED RETIREMENT INCOME



LOSS OF EXTENDED HEALTH BENEFITS

Carers are substantially more likely to **experience an array of negative emotional, social and health outcomes.**

28%

of carers found providing care to be stressful.



19%

of carers indicated that their physical & emotional health suffered.

COST TO EMPLOYERS

Productivity losses to employers are enormous:



LOSS OF 18 MILLION WORK DAYS PER YEAR



LOSS OF SKILLED EMPLOYEES



INCREASED EMPLOYEE TURNOVER

COST TO ECONOMY

\$1.3 BILLION
IN LOST PRODUCTIVITY PER YEAR



Balance Work and Care. Check out the CC Employee Carer Tips and Tools.



Established in 2000, Carers Canada, formerly known as Canadian Caregiver Coalition, is a virtual alliance of diverse partner organizations that work collectively, and autonomously, to identify and respond to the needs of carers in Canada. Together, we strive to achieve our vision of "a Canada that recognizes, respects, and values the integral role of carers in society." www.cc-ccan.ca