



*serving all dystonia-affected persons
d'esservant toutes personnes atteintes de dystonie*

NEW BRUNSWICK

Canadian Mental Health Association New Brunswick

Website: <https://cmhanb.ca/>

E-mail: info@cmhanb.ca

Phone: (506) 455-5231

Address: 403 Regent St., Suite 202

Fredericton, NB E3B 3X6

Mental Health Services

Website: <https://www.gnb.ca/0055/mental-health-e.asp>

Phone: (506) 457-4800

Address: HSBC Place

P.O. Box 5100

Fredericton, NB E3B 5G8

Horizon Health Network

Website: <http://en.horizonnb.ca/facilities-and-services/services/addictions-and-mental-health.aspx>

E-mail: horizon@horizonnb.ca

Phone: (506) 623-5500

Address: 180 Woodbridge St.

Fredericton, NB E3B 4R3

Vitalité Health Network

Website: <https://www.vitalitenb.ca/en/points-service/mental-health>

E-mail: info@vitalitenb.ca

Phone: (506) 862-4144

Address: 275 Main St., Suite 600

Bathurst, NB E2A 1A9

Bathurst

Community Mental Health Centre

Phone: (506) 547-2038

Address: 165 St. Andrews St.

Bathurst, NB E2A 1C1

Edmundston

Community Mental Health Centre
Phone: (506) 735-2070
Address: 121 Église St., 3rd floor, Suite 331
Edmundston, NB E3V 3L3

Fredericton

Canadian Mental Health Association Fredericton
Website: <https://cmhanb.ca/>
E-mail: info@cmhanb.ca
Phone: (506) 455-5231
Address: 403 Regent St., Suite 202
Fredericton, NB E3B 3X6

Community Mental Health Centre
Phone: (506) 453-2132
Address: 65 Brunswick St.
Fredericton, NB E3B 5G6

Capital Region Mental Health and Addictions Association
Website: <https://www.crmhaaa.ca>
E-mail: office@crmhaaa.ca
Phone: (506) 458-1803
Address: 65 Brunswick St., Suite 292
Fredericton, NB E3B 1G5

Moncton

Canadian Mental Health Association Moncton
E-mail: moncton@cmhanb.ca
Phone: (506) 859-8114
Address: 22 Church St., Suite T120
Moncton, NB E1C 0P7

Horizon Addictions and Mental Health
Phone: (506) 856-2444
Address: 81 Albert St., 2nd floor
Moncton, NB E1C 1B3

Vitalité Mental Health Moncton

Website: <https://www.vitalitenb.ca/>
E-mail: info@vitalitenb.ca
Phone: (506) 862-4144
Address: 81 Albert St., 4th floor
Moncton, NB E2C 1B3

Saint John

Canadian Mental Health Association Saint John
Website: <https://cmhanb.ca/>
E-mail: saintjohn@cmhanb.ca
Phone: (506) 633-1705
Address: 560 Main St., Suite A315
Saint John, NB E2K 1J5

Community Mental Health Centre
Phone: (506) 658-3737
Address: 55 Union St., 3rd floor
Saint John, NB E2L 5B7

Gentle Path
Website: <http://www.gentlepathsj.com/>
E-mail: referrals@gentlepathsj.com
Phone: (506) 652-7284
Address: 28 Richmond St., Suite 330
Saint John, NB E2L 3B2

NATIONAL RESOURCES

Canadian Mental Health Association
Website: <https://www.cmha.ca>
E-mail: info@cmha.ca
Address: Canadian Mental Health Association, National
500-250 Dundas Street West
Toronto, ON M5T 2Z5

National Network for Mental Health
Website: <http://www.nnmh.ca>

eMentalHealth.ca
Website: <http://www.ementalhealth.ca>
Address: Children's Hospital of Eastern Ontario
Suite 200, 311 McArthur Ave.

Ottawa, ON K1L 8M3

ONLINE RESOURCES

Online Therapy Unit

Website: <https://www.onlinetherapyuser.ca>

E-mail: online.therapy.user@uregina.ca

Phone: 1 (306) 337-3331

Address: 3737 Wascana Parkway

Regina, SK S4S 0A2

Therapy Assisted Online

Website: <https://www.taoconnect.org>

E-mail: HowCanIHelpYou@taoconnect.org

Phone: 1 (844) 438-8262

Address: St.Petersburg Office

600 1st Ave N

Suit 305

St. Petersburg, FL 33701

Big White Wall

Website: <https://www.bigwhitewall.ca>