

DYSTONIA
MEDICAL
RESEARCH
FOUNDATION
CANADA



FONDATION DE
RECHERCHE
MÉDICALE SUR LA
DYSTONIE
CANADA

*serving all dystonia-affected persons
désservant toutes personnes atteintes de dystonie*

NOVA SCOTIA

Mental Health Mobile Crisis Team: 1 (888) 429-8167

Canadian Mental Health Association Nova Scotia

Website: <http://www.novascotia.cmha.ca/>

E-mail: mailto:pamela@novascotia.cmha.ca

Phone: (902) 466-6600

Mail: 45 Alderney Dr., Suite 200

Darmouth, NS B2Y 2N6

Nova Scotia Health Authority

Website: <http://www.nshealth.ca/mental-health-addictions>

Phone: 1 (844) 491-5890

Mental Health Foundation of Nova Scotia

Website: <https://www.mentalhealthns.ca/>

E-mail: info@mentalhealthns.ca

Phone: (902) 464-6000

Address: 300 Pleasant St.

Dartmouth, NS B2Y 3Z9

Halifax

Canadian Mental Health Association Halifax-Dartmouth

Website: <http://www.cmhahaldart.ca/>

E-mail: cmhahal@ns.aliantzinc.ca

Phone: (902) 455-5445

Address: 100-2020 Gottingen St.

Halifax, NS B3K 3A9

Bayers Road Centre

Phone: (902) 454-1661 ext. 902

Address: 7071 Bayers Rd.

Halifax, NS B3L 2C2

Healthy Minds Cooperative
Website: <https://www.healthyminds.ca/>
E-mail: info@healthyminds.ca
Phone: (902) 404-3504
Address: 45 Alderney Dr., Suite 200
Dartmouth, NS B2Y 2N6

Sydney

Canadian Mental Health Cape Breton
Website: <https://novascotia.cmha.ca/branches/cape-breton/>
E-mail: colleentobin@ns.sympatico.ca
Address: 1482 George St.
Sydney, NS B1P 1P3

Truro

Canadian Mental Health Association Colchester-East Hants
Website: <http://ceh.cmha.ca/>
E-mail: cmha.ceh11@gmail.com
Phone: (902) 895-4211
Address: 574 Prince St.
Truro, NS B2N 1G3

NATIONAL RESOURCES

Canadian Mental Health Association
Website: <https://www.cmha.ca>
E-mail: info@cmha.ca
Address: Canadian Mental Health Association, National
500-250 Dundas Street West
Toronto, ON M5T 2Z5

National Network for Mental Health
Website: <http://www.nnmh.ca>

eMentalHealth.ca
Website: <http://www.ementalhealth.ca>
Address: Children's Hospital of Eastern Ontario
Suite 200, 311 McArthur Ave.
Ottawa, ON K1L 8M3

ONLINE RESOURCES

Online Therapy Unit

Website: <https://www.onlinetherapyuser.ca>

E-mail: online.therapy.user@uregina.ca

Phone: 1 (306) 337-3331

Address: 3737 Wascana Parkway

Regina, SK S4S 0A2

Therapy Assisted Online

Website: <https://www.taoconnect.org>

E-mail: HowCanIHelpYou@taoconnect.org

Phone: 1 (844) 438-8262

Address: St.Petersburg Office

600 1st Ave N

Suit 305

St. Petersburg, FL 33701

Big White Wall

Website: <https://www.bigwhitewall.ca>