

DYSTONIA  
MEDICAL  
RESEARCH  
FOUNDATION  
CANADA



FONDATION DE  
RECHERCHE  
MÉDICALE SUR LA  
DYSTONIE  
CANADA

*serving all dystonia-affected persons  
d'ésservant toutes personnes atteintes de dystonie*

## PRINCE EDWARD ISLAND

The Island Helpline

Website: <https://www.theislandhelpline.com/>

E-mail: [chimol@nb.aibn.com](mailto:chimol@nb.aibn.com)

Phone: 1 (800) 218-2885

Health PEI

Website: <https://www.princeedwardisland.ca/en/information/health-pei/mental-health-services>

Canadian Mental Health Association Prince Edward Island

Website: <http://pei.cmha.ca/>

E-mail: [division@cmha.pe.ca](mailto:division@cmha.pe.ca)

Phone: (902) 566-3034

Address: 178 Fitzroy St., P.O. Box 785

Charlottetown. PE C1A 7L9

## NATIONAL RESOURCES

Canadian Mental Health Association

Website: <https://www.cmha.ca>

E-mail: [info@cmha.ca](mailto:info@cmha.ca)

Address: Canadian Mental Health Association, National

500-250 Dundas Street West

Toronto, ON M5T 2Z5

National Network for Mental Health

Website: <http://www.nnmh.ca>

eMentalHealth.ca

Website: <http://www.ementalhealth.ca>

Address: Children's Hospital of Eastern Ontario

Suite 200, 311 McArthur Ave.

Ottawa, ON K1L 8M3

## ONLINE RESOURCES

### Online Therapy Unit

Website: <https://www.onlinetherapyuser.ca>

E-mail: [online.therapy.user@uregina.ca](mailto:online.therapy.user@uregina.ca)

Phone: 1 (306) 337-3331

Address: 3737 Wascana Parkway

Regina, SK S4S 0A2

### Therapy Assisted Online

Website: <https://www.taoconnect.org>

E-mail: [HowCanIHelpYou@taoconnect.org](mailto:HowCanIHelpYou@taoconnect.org)

Phone: 1 (844) 438-8262

Address: St.Petersburg Office

600 1st Ave N

Suit 305

St. Petersburg, FL 33701

### Big White Wall

Website: <https://www.bigwhitewall.ca>