

DYSTONIA
MEDICAL
RESEARCH
FOUNDATION
CANADA



FONDATION DE
RECHERCHE
MÉDICALE SUR LA
DYSTONIE
CANADA

*serving all dystonia-affected persons
d'esservant toutes personnes atteintes de dystonie*

Dystonia Canada Report

A Newsletter from the
Dystonia Medical Research
Foundation Canada

Investing More in Dystonia Research:

Announcing the Recipients for the DMRF Canada Better Clinical Treatments Grant



Last year, DMRF Canada released a call for research applications with a specific focus: research that would aim to provide better clinical treatments for dystonia patients.

We had many worthy applicants, and we are thrilled to announce our support of not one – but two research grants valued at \$50,000 each for a total investment of \$100,000. We continue

to be dedicated to our mission – to find a cure for dystonia – but in the meantime, we want to do all that we can to ensure the 50,000 patients who are living with dystonia in Canada have the opportunity to live well. [Read inside for more details.](#)

Fall 2019

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PLEASE RENEW YOUR MEMBERSHIP FOR 2019

Please consider supporting the dystonia community with a donation to DMRF Canada.

See the back cover for details on how you can make a difference or

visit: www.dystoniacanada.org/donate

Thank you for your support.

Dystonia Medical Research Foundation Canada

The Dystonia Medical Research Foundation (DMRF) Canada is a registered non-profit Canadian charity founded in 1976 by Samuel and Frances Belzberg of Vancouver, British Columbia. DMRF Canada funds medical research toward a cure, promotes awareness and education, and supports the well-being of affected individuals and families. We work in partnership with the DMRF in the United States to ensure funding of the best and most relevant dystonia medical research worldwide and with other like-minded research organizations to fund excellent dystonia research in Canada.

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Foundation Update

Dear Friends,

DMRF Canada is the only organization that is dedicated to supporting the 50,000 dystonia patients and their families in Canada that suffer from the condition. Our mission is simple: to advance research for more treatments and ultimately a cure; to promote awareness and education; and to support the needs and well being of affected individuals and families.



Read on to learn about the not one but TWO research grants that were awarded to support better clinical treatments in dystonia. In addition, we also announced our continued partnership with the Banting Foundation – and our support of an early investigator. This year's grant has been awarded to Dr. Nicholas Strzalkowski from the Department of Biology at Mount Royal University.

Last month we launched the first ever Dystonia Awareness Video – and we continue to support patients and their families with educational events, symposiums, support groups and more. DMRF Canada employs one full-time staff and we do what we do thanks to the generous support of our Board of Directors, our volunteers – and you – our wonderful and dedicated community of dystonia thrivers.

Thank you for all that you do to keep us focused on our end goal: a cure for dystonia. One day, together, we will get there.

A handwritten signature in black ink that reads "Stefanie Ince".

Stefanie Ince,
Executive Director
stefanieince@dystoniacanada.org

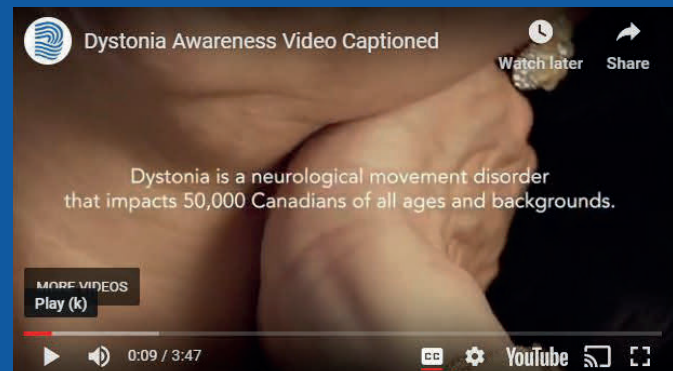
It is the editorial policy to report on developments regarding all types of dystonia but not to endorse any of the drugs or treatments discussed. DMRF Canada encourages you to consult with your physician about procedures mentioned herein.

Raising Awareness of Dystonia

One Frame at a Time

September is Dystonia Awareness Month, and DMRF Canada was excited to launch our first ever awareness video, which featured six patients and one caregiver.

Our hope is that this video will serve to educate people on the various ways that dystonia can impact lives, and to encourage people to join the DMRF Canada community for support. If you haven't seen this already, please visit: www.dystoniacanada.org/video. Please view, post, share, and share again!



The Dystonia Medical Research Foundation Canada video is available at www.dystoniacanada.org/video.

"I was really excited to be able to participate in the DMRF Canada Dystonia Awareness video. The more we can do as a community to raise awareness, the better off we will be as a community. It took me more than ten years to get a proper diagnosis of my dystonia, and I want to do all that I can to make sure that doesn't happen for anyone else in the future" – Dystonia Awareness Video Participant, Casey

With thanks to our amazing team of dystonia thrivers: – Casey, Shirley, Daniel, Ellis, Janie & Barry and Sumbul - who bravely shared their stories, and to Ipsen Biopharmaceuticals for their support.



You Can Help Shape Dystonia Research

The goal of the Global Dystonia Registry is to support future dystonia studies, including clinical and research trials, through the collection of data on persons affected by dystonia. Although the focal dystonias have many different manifestations, most experts believe they share a common pathogenesis or mechanism that causes the disorder. The common causes may be a similar gene defect, similar lifetime experiences, or both. Collecting information from different

patient populations may help us identify the common features that they may share.

Join Us Today - and help to guide future dystonia research. and help guide future directions in research. your responses will remain confidential. To learn more please visit: www.dystoniacanada.org/research

[dystoniacanada.org/research](http://www.dystoniacanada.org/research)



In Tribute

DMRF Canada extends our condolences and gratefully acknowledges the generous gifts received in memory of the following:

Brian Cook	Grace Medland	Ruth Sparrow
Kathryn Forsyth	Joy Mendleson	Carolyn Stadler
Frances Guy	Roger Pelletier	Florence Van Velzen
Flo Johnson	Velma Rose	Francis Willits

Thank You for Your Support

Canadian donations should be sent to:
Dystonia Medical Research Foundation Canada
550 St. Clair Ave West, Suite 209,
Toronto ON, M6C 1A5
www.dystoniacanada.org/donate

DMRF Canada: Funding Grants That Support Better Clinical Treatments for Dystonia Patients



DMRF Canada released a call for applications with a very specific focus: research that would aim to provide better clinical treatments for dystonia patients. We had many worthy applicants, and we are proud to announce our support of not one – but two research grants valued at \$50,000 each for a total investment of \$100,000.

Both research projects are focused on one-year research grants and both projects will begin this month. “DMRF Canada is thrilled to be able to support these important research projects that align strongly with our goal to make life better for dystonia patients in the near term, while continuing our mission to find a cure. And we’re incredibly proud to be able to support this type of research right here in Canada.” said DMRF Canada Executive Director, Stefanie Ince.

Project One: “Mechanisms of Action of DBS for Dystonia: Cholinergic Contributions to Plasticity.” By Drs. Zelma Kiss and Davide Martino at Departments of Clinical Neurosciences, Hotchkiss Brain Institute, University of Calgary.

This project will strive to understand how Deep Brain Stimulation (DBS) works in dystonia, to set the stage to improve stimulation with future closed loop control and/or in combination with other therapies to improve patients’ quality of life.

Dr Kiss and her research team theorize that subjects with specific oscillation patterns in their basal ganglia, evidence of motor cortical plasticity and higher cholinergic tone will have more improvement in their dystonic features than people with fewer of these features. This is a pilot study exploring potential physiological biomarkers of response. Determining the oscillation patterns occurring during dystonic movements could provide the signal for closed loop control of DBS, similar to what has been

accomplished in Parkinson’s disease.

Dr. Kiss stated that “she is deeply appreciative to DMRF Canada and looks forward to extending her collaborations with Dr. Martino in dystonia to develop a mechanistic understanding of DBS. We anticipate that knowledge of how DBS works could be harnessed to interact with other therapies such as physical or pharmaceutical approaches, in addition to providing insights into the pathophysiology of dystonia.”

Project Two: “Mapping brain response patterns to Deep Brain Stimulation with fMRI.” By Drs Alfonzo Fasano and Andres Lozano at Toronto Western Hospital.

The Movement Disorder Group at Toronto Western Hospital is developing a novel MRI-based programming technology for dystonia patients who underwent deep brain stimulation (DBS), which could significantly improve the clinical outcomes and ease the current burdensome post-operative programming process.

DBS modulates dysregulated brain circuits. Commonly used in movement disorders such as Parkinson’s disease and dystonia, this surgical treatment can produce striking clinical benefits when the stimulation is appropriately programmed. However, DBS programming often requires numerous clinic visits to test the large number of possible stimulation parameters. Lack of immediate clinical feedback in response to stimulation in dystonia patients makes DBS programming particularly challenging.

Hence, DBS needs a physiological marker that can rapidly and accurately predict clinical response to streamline post-operative care for dystonia patients with DBS.

This is a two-stage study: (1) identify a reproducible functional magnetic resonance imaging (fMRI) pattern of brain response when the optimal DBS settings are used, then use these brain response patterns to predict the optimal DBS settings using a machine learning (ML) algorithm; and (2) demonstrate the clinical utility of this model in prospective patients.

“The Movement Disorder Group at Toronto Western Hospital, is very grateful to the Dystonia Medical Research Foundation

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PLEASE MAKE YOUR DONATION TODAY.**

REFER TO THE BACK OF THIS NEWSLETTER OR VISIT: www.dystoniacanada.org/donate

(DMRF) Canada for their support of our project: Mapping brain response patterns to Deep Brain Stimulation with fMRI” said Dr. Fasano. “We look forward to starting this important research project and we are hopeful that it could lead to a better understanding of the clinical outcomes related to deep brain stimulation for dystonia patients in the future”.

The research team will use fMRI to identify brain activity patterns that correlate with clinical benefits in 25 dystonia patients with a priori clinically optimized DBS programming, serving as an objective proxy for DBS efficacy. This is based on promising results obtained in patients with Parkinson’s disease with DBS, in which we could predict with fMRI which location along the electrode (i.e. contact) should be used for optimal clinical benefits. The feasibility of this experiment is unique to Toronto Western Hospital, given their published phantom safety data. This MRI-based programming requires less than an hour per patient.

Second, the team will perform a prospective blind comparison of this novel programming technology and our previously published programming algorithms in 10 stimulation-naïve dystonia patients. We will compare the achieved dystonia improvement to our routine programming method as well as consider the number of visits and time to optimal programming. This study will begin in October 2019.

“DMRF Canada is very proud to be able to support this research – and to support Dr. Fasano and his team at Toronto Western Hospital. We are very excited about the possibilities involved with the outcome of this project, and we look forward to the results”, said Executive Director, Stefanie Ince.

Stay tuned for updates on these research projects – and others – to come in 2020. Visit: <https://www.dystoniacanada.org/latest-dystonia-research-news>



An Incredible Gift for the Dystonia Community



In honor of his 50th birthday and in lieu of gifts, Lance Howitt and his family made the decision to encourage friends and family to direct funding towards this year’s *Better Clinical Treatment Research Grants*, which both focus on DBS surgery for the treatment of dystonia. Lance’s family generously matched all donations that were made - and, over and above that, committed to another \$50,000 gift in honor of his 50th birthday!

Lance and his family believe in the importance of funding clinical research on the efficacy of DBS surgery and ensuring that this procedure becomes a more widely accessible standard

of care, especially with early intervention for children. The Howitt family is living proof of the impact that DBS surgery can have. Their youngest son Isaac, and Lance’s wife, Julie have both recently undergone DBS surgery with remarkable life-changing results. Lance and Julie, along with their family and friends, contributed an incredible \$100,000 for these two important research projects and we are all incredibly grateful to them for their support.

Designing Her Best Life with Dystonia

Meet Emily

“*Design has been a creative outlet for me to express my feelings throughout my journey with dystonia. I started Emily Ann's Designs after being diagnosed with dystonia as a place to put my energy into something positive that I am passionate about.*”

At the age of 11, Emily began to experience painful, twisting symptoms in her back. She can't remember exactly how it started, but it was gradual, and it began to get more painful, and more pronounced as the months went on.

Doctors speculated she had scoliosis because of the twisting in her spine. But they couldn't explain the pain, fatigue, and worsening symptoms. And not one of the doctors who she saw had seen another patient who had generalized dystonia.

After more than two years, and countless visits with doctors and neurologists finally Emily was referred to a Movement Disorder Specialist who first gave her the diagnosis: generalized dystonia. Her dystonia journey has been difficult, and Emily recognizes that she has been very lucky to have the love and support of her family and friends.

Living with Dystonia

Now, at the age of 16, Emily has an incredibly positive view on the world. She has been living with her dystonia diagnosis for three years, and since that time there have been significant changes in regard to mobility resulting in using a wheelchair most of the time. She made the difficult decision to leave her school and instead take online courses that provide the flexibility that she needs to study when she is healthy and able to do so. “I was missing too much class time with bad symptom days and Doctors appointments as well”

When asked the question, since the diagnosis, how has your life changed? Emily's response is again, overwhelmingly positive: “Now that I have the diagnosis it provides me a better understanding of what I am dealing with.”

Emily underwent DBS surgery at the age of 14. After her surgery, her symptoms improved – but not completely, and she continues to work with her team to see what they can do to improve her symptoms.

When asked about what other things she is involved in, Emily highlighted how she works to maintain an active social life and keep herself busy, engaged and giving back to her community;



Emily met Para swimmer and World Record Holder, Shelby Newkirk through her Para swim coach in Saskatoon. Together these are two dystonia thrivers who are driven to meet their goals.

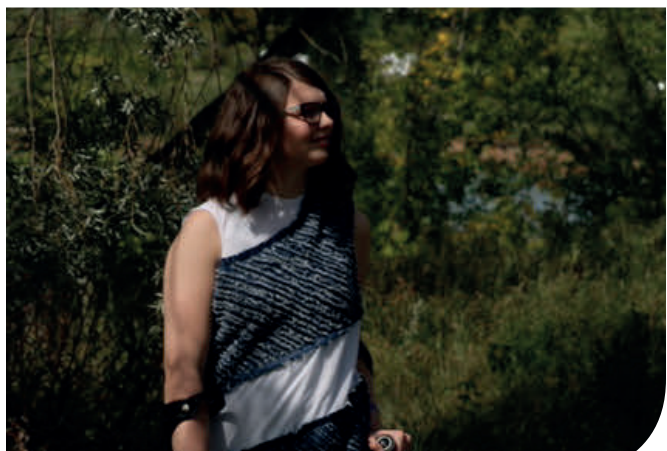
“I joined a lot of groups outside of school. I'm in wheelchair dance, I volunteer once a week. During the year, I'm a part of the Youth Advisory Council for the Saskatoon Community Foundation”.

A Creative Outlet for Dystonia

But Emily's ultimate passion is her fashion design business. A year after receiving her dystonia diagnosis, Emily launched her fashion line. “I have always loved fashion and have been sewing and designing since I was eight years old.” Emily says that she designs clothing inspired by her emotions and experiences, so you never know what to expect. “I truly believe fashion is a form of art and self expression. I am very passionate about design, as it has given me an outlet through tough times. Emily Ann's Design creates clothing to make you feel and look confident and bold while letting your personality shine.”

Emily's goal is to get her high school diploma, then go on to study fashion design at a university or college. She hopes to continue to grow Emily Ann's Designs and eventually turn it into a business. Emily designed a dress for dystonia month to raise awareness. The shredded denim wrapped around the dress represents the symptoms of dystonia. See Shelby modelling this design below. Our thanks to Emily for sharing her story.

To visit Emily Ann's Designs, visit: <https://www.emilyannsdesigns.com/>




2019 Jackson Mooney Patient Grant Winners Announced

On behalf of the DMRF Canada Board of Directors, and grant sponsors Jackson and Jefferson Mooney, we are pleased to announce the recipients of the 2019 Jackson Mooney Patient Grant for Dystonia.

The Jackson Mooney Dystonia Patient Grant is an annual grant that was established in 2017 by Jackson Mooney, and his brother Jefferson Mooney to provide financial assistance of up to \$5,000.00 for Canadian residents who are living with dystonia, in financial need, and committed to enhancing their current situation through furthering their education.

This year, the grant committee opted to provide funding for education to two worthy candidates: Hannah Schell (from Halifax, NS) and Kaylee Row (from Beaumont, AB). Both candidates are hard-working, successful individuals who have been able to demonstrate their tenacity and focus on pursuing their career goals.




Hannah was diagnosed with Generalized Early Onset Dystonia when she was four years old and has spent her life working towards her goals. Hannah will be using the funds from the Jackson Mooney Patient Grant to fund her dream of becoming an early childhood educator. She is currently enrolled in Early Childhood Education Level 1 training, and she expects to finish in 2020, with a long term goal to open up her own childcare/environmental education center focused on inclusion for children with diverse needs and helping to foster a sense appreciation for nature and all living things, regardless of their differences.

“Thanks to the DMRF Canada for this generous award, I feel so fortunate and truly appreciate this so much! This grant will be used for future educational purposes, helping with my college courses at Nova Scotia Community College, as well as a Forest School Practitioner Course that I will be taking next summer.” - Hannah

Kaylee, now 19 years old, was diagnosed with dystonia at the age of 16 after years of being shuffled through the medical system. Kaylee, a determined individual, believes that “you make the best of life no matter how tough you have it”. Furthering her education has always been a dream and is very important to her. This grant will help to fund Kaylee’s Early Learning and Child Care program at MacEwan University.

“We’re extremely proud to support these outstanding young women who have continually proven themselves in spite of significant challenges”, said Jackson Mooney, who along with his brother Jeff, launched the grant in 2017. “I understand how important it is to provide opportunities for others in the community who are doing what they can to make the most of their situation. And these two individuals are very worthy candidates.”

“Stars can’t shine without darkness. I’m so grateful to Jackson and Jefferson and the DMRF Canada for making this grant possible. It definitely helps me to move forward and to pursue my passion” - Kaylee



On behalf of the dystonia community, DMRF Canada wishes to thank Jefferson and Jackson, and we wish Kaylee and Hannah the very best of luck with their future endeavors.

Now Accepting Applications for 2020:

If you are interested in applying, please visit dystoniacanada.org/dystoniapatientgrant

Investing in Early Investigators: Announcing the Banting Research Foundation Discovery Award Winner 2019

DRMF Canada is proud to support the 2019 Banting Research Foundation Discovery Award again this year. This year we are supporting an outstanding early career investigator whose research focuses on sensory feedback in dystonia.

This year's grant has been awarded to **Dr. Nicholas Strzalkowski** from the Department of Biology at Mount Royal University. *"On behalf of the Board of Directors of DMRF Canada, we are extremely proud to be able to support this important research project"* said DMRF Canada Board Chair, Bill Saundercook. *"One of our key objectives is to ensure we are attracting bright young minds into the movement disorder field, and specifically dystonia, and Dr Strzalkowski's application was outstanding. We look forward to hearing more from him as he begins his research."*



Muscle sensory feedback is thought to contribute to dystonia; however this has not been investigated directly. Dr. Strzalkowski's research group believes that abnormal sensory feedback from specialized muscle receptors contributes to the involuntary dystonic muscle contractions and is associated with botulinum toxin treatment outcomes.



**2019 Discovery Award Winner 2019,
Dr. Nicholas Strzalkowski**

Dr. Strzalkowski's research will use an innovative approach combining microneurography (technique to record from sensory nerves) and a robotic exoskeleton (to control arm position and movement) to provide the first direct measurements of sensory nerve feedback in dystonia. His team will explore the consequences of botulinum toxin treatment on sensory feedback and relationship with therapeutic outcomes. The research team expects to find elevated feedback in dystonic patients, a discovery that would help explain disease symptoms and help inform treatment approach. "It's very motivating to have my proposal recognized by the Banting Foundation and the DMRF Canada" said Dr. Strzalkowski. "It is my intention to maximize this funding for dystonia research beyond the current project. I look forward to continuing to work with the dystonia community into the future."

The primary research objective is to advance understanding of sensory dysfunction in dystonia, and to characterize the effects of botulinum toxin treatment on sensory feedback and impact on dystonia symptoms. On behalf of DMRF Canada, and our funding partner the Banting Foundation, we wish to congratulate Dr. Strzalkowski on this achievement.

To learn more about the Banting Foundation Discovery Award Winners, please visit: <https://dystoniacanada.org/banting>

CHUCK'S RUN FOR DYSTONIA

We Are Dystonia Strong: Walking, Wheeling, Riding Towards a Cure

We are grateful to the dystonia community across Canada for their continued support of our research and support programs benefiting dystonia patients and families. Thanks to your generous support, DMRF Canada raised close to \$100,000 through Chuck's Run, Scotiabank Charity Challenges, and our local Freedom to Move events. Every dollar raised will benefit critical research and support programs. Thank you for your support.



Freedom To Move: Sudbury and District Raises over \$20,000

26 individuals raised over \$21,000 for DMRF Canada in on a warm, sunny Sunday in June, 2019. Dwayne Backer once again outdid himself and raised close to \$14,000 by reaching out to close to 300 people who supported his walk. Dwayne is a wonderful ambassador for raising awareness of dystonia while he raises much needed funds for research. Congratulations, Dwayne, on overcoming the adversity of

your dystonia and doing a great job! Top prize winners for the most pledges obtained were 1) **Dwayne Backer** 2) **Richard & Mary Guy** 3) **Coco Lariviere** and 4) **Lauraine Blais**. Congratulations to all of you!

A very big thank you to everyone who sponsored our walkers and everyone who helped in making the walk such a success.

Gratefully yours,

Mary Guy, Support Group Leader Sudbury & District

*Our thanks to **Merz Pharma Canada Ltd.** our Platinum Sponsor, and **Ipsen Biopharmaceuticals Canada Inc.**, our Gold Sponsor for their very generous support of Chuck's Run for Dystonia*



Dystonia Strong: Walking, Running, Rolling and Sharing Our Way to a Cure

The dystonia community is a passionate, dedicated group of individuals who continue to fight for greater awareness and more funding for dystonia research and support programs. **Join us!**

Visit: www.dystoniacanada.org to learn about the upcoming events in your community and how you can get involved.



The DMRF Canada Team Participating in this year's Vancouver Scotiabank Charity Challenge



This year's Hamilton Freedom to Move Event was another wonderful success! Our thanks to everyone who came out to support the cause.

Free One Day Dystonia Symposium in Vancouver, November 2, 2019 – Register Today

Where: Ponderosa Ballroom, UBC - Ponderosa Commons North (Oak and Cedar Houses)
6445 University Boulevard, Vancouver, BC V6T 1Z2

Time: 9 a.m. - 5 p.m.

To register for this FREE full-day session or to learn more, please call our Toll Free number **1-800-361-8061** or visit: <https://www.dystoniacanada.org/vancouversymposium>

With thanks to our sponsors:



Working Together to Raise Awareness for Dystonia

DMRF Canada was proud to once again raise awareness of dystonia during this year's Dystonia Awareness Month in 2019. During this month, we lit up close to 20 landmarks across the country, launched our dystonia awareness video, and saw our web traffic social media activity increase by 200%. Thank you for being such wonderful champions for the dystonia community.

Please email us if you're interested in future awareness activities.

Visit: dystoniacanada.org/raise-dystonia-awareness or email info@dystoniacanada.org to learn how you can get involved in future awareness campaigns.

Dystonia
MOVES ME

Are Your Dystonia Symptoms Under Control? See the Dystonia Wellness Checklist

DMRF Canada is committed to helping you live your best life with dystonia. The next time you are visiting your movement disorder specialist, keep your eye out for the Dystonia Wellness Checklist. This is a short test that asks questions about your well being to identify areas where you may need additional support.

Are your dystonia symptoms under control?

*Look for the dystonia wellness checklist.
You could feel even better.*

For further information about living well with dystonia and to register your completed survey online for a chance to win a VISA gift card, visit: dystoniacanada.org/livingwell

You are not alone.

DMRF Canada, and our network of volunteers, patients, and professionals are here for you. Visit: www.dystoniacanada.org/dystoniawellness to learn more.

This checklist is available in clinics and doctors offices now. To learn more online visit: www.dystoniacanada.org/dystoniawellness.



Follow Us On Social!

One of the ways that you can help us to get the word out about dystonia, and DMRF Canada, is to follow us on Facebook, Twitter and Instagram. Stay up to date on the latest research news, upcoming patient support events and more!

Visit: <https://www.dystoniacanada.org/support-us-find-us-social>



Join Us: Manitoba Dystonia Support Group Information Session

The Manitoba Dystonia Support Group is pleased to announce a very special information session open to the public. We welcome you to join us to find out what's happening in the dystonia community with patient care, research, and other initiatives.

Special guests include Dr. Hobson of the Movement Disorder Clinic, who will speak about the medical management of dystonia symptoms. Also, DMRF Canada Executive Director Stefanie Ince, will be providing news from the Foundation, details on support materials available for patients and loved ones, and updates on the latest research funded by the Foundation.

- » *Date: Saturday, November 9, 2019*
- » *Time: 1:30 pm to 4:30 pm*
- » *Venue: Deer Lodge Centre, 2109 Portage Ave, Winnipeg.*

Parking is on the south side of Portage Ave. To register, call 1.800.361.8061 or visit dystoniacanada.org/manitobainformationssession



Do It For Dystonia: Introducing Our NEW Online Fundraising Initiative

Just because you don't have a local walk, run, or wheel event in your community, doesn't mean you can't help to support DMRF Canada's research and support programs.

We're pleased to introduce "Do it for Dystonia"; an online initiative that provides an easy way for you to encourage your friends, family and loved ones to support a cause that means so much to you - by making a donation to DMRF Canada in your honor.

To learn more about how you can participate and 'Do it for Dystonia' visit: www.dystoniacanada.org/doit

DMRF Canada

550 St. Clair Ave West, Suite 209
Toronto, ON M6C 1A5

Each discovery builds toward the next – all leading to the ultimate goal of a cure for dystonia.

Your gift can help boost our momentum toward the next great discovery. **Please Give Generously**

If you're interested in supporting the dystonia community, consider giving a small monthly gift! For as little as \$5.00 a month you can support DMRF Canada initiatives for the cost of just over a dollar a week!




Monthly giving offers you a way to support our programs and services throughout the year. Join a group of dedicated individuals who are committed to long-term improvements in the lives of individuals suffering from dystonia.

Yes, I want to support DMRF Canada. Please add your selection below.

☐ Yes, I want to invest in critical dystonia research. Here is my gift of:

☐ \$250 ☐ \$100 ☐ \$50 ☐ \$25 ☐ \$ _____

Option 1: ☐ I am sending my cheque made payable to the Dystonia Medical Research Foundation Canada.

Option 2: ☐ Please charge my credit card: ☐  ☐  ☐ 

Card #:

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Expiry:

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☐ Yes, I want to learn more about how to include DMRF Canada in my Will.

☐ Yes, I want to join the DMRF Canada Monthly Giving Team.

☐ \$50 a month ☐ \$25 a month ☐ \$10 a month ☐ \$5 a month ☐ \$ _____ a month

☐ Please charge my credit card: ☐  ☐  ☐ 

Card #:

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Expiry:

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Please provide an email address: _____

Make online donations at: dystoniacanada.org/donate-now

* Each payment, including the first payment, will be made in the middle of the month.
You can stop your monthly gift at any time by contacting DMRF Canada.

Charitable #12661 6598 RR00001

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