2020 Chuck's Virtual Run, Walk and Wheel Ambassador: *Thomas Wade*

DMRF Canada is proud to introduce Canadian country artist, CCMA award winner, Juno Nominee, and Dystonia Thriver, Thomas Wade.

Thomas was diagnosed with Oromandibular Dystonia in 2006, after years of struggling to understand his symptoms – and losing his ability to sing – his lifelong passion.

Thomas's story is one of dedication, passion and perseverance – Learn more and prepare to be inspired!

We hope that you will join us virtually during the month of June 2020 to raise awareness and funds for dystonia.

Register for our virtual event today: dystoniacanada.org/chucksrun

I've lived with dystonia for over to years, and like many of you, I struggled for years to get a proper diagnosis. I am dedicated to the important task of raising awareness of the condition, and I'm pleased to be named this year's Ambassador. Join me and others from the community at this year's Chuck's Run, Walk and Wheel for Dystonia on May 31, 2020.

– Thomas Wade

What Is Dystonia?

Dystonia is a neurological movement disorder that causes muscles in the body to contract or spasm involuntarily. Primary dystonia affects approximately 50,000 Canadians.

DMRF Canada is the only charitable organization actively working to support patients and families living with dystonia in Canada. Our mission is to advance research for better treatments and ultimately a cure; to promote awareness and education; and to support the needs of those who are affected.

Raise funds for Dystonia Research

Chuck's Virtual Run, Walk and Wheel - 5KM for Dystonia is a great way to support the community while practicing physical distancing.

Register online at: www.dystoniacanada.org/chucksrun and start fundraising today.





serving all dystonia-affected persons désservant toutes personnes atteintes de dystonie

550 St. Clair Ave West, Suite 209, Toronto, ON M6C 1A5 Email: info@dystoniacanada.org www.dystoniacanada.org Charitable Registration # 12661 6598 RR0001

Raising funds for dystonia research benefiting the Dystonia Medical Research Foundation Canada





LEARN MORE AT dystoniacanada.org/chucksrunvirtual

JOIN US ANYWHERE ACROSS CANADA

For Chuck's Virtual Run, Walk & Wheel

Date: May 31 – June 30, 2020.

What is Chuck's Virtual Run, Walk, Wheel 5KM?

You can run, walk or wheel from any location you choose over the **entire month of June!** Run your race, at your own pace, and time it yourself.

This new, nationwide event will respect the need to uphold physical distancing due to COVID-19.

Register Online: dystoniacanada.org/chucksrun

Participant Benefits:

Register and you will receive your participant package consisting of Chuck's Run swag, awareness and educational materials – and more!

Special Thanks To:

OUR SPONSOR Ipsen Biopharmaceuticals Canada Inc.



For a complete list of sponsors and partners visit: www.dystoniacanada.org/sponsors



Remembering Chuck Saundercook

Chuck Saundercook was diagnosed in 1973 with generalized dystonia at the age of 12. In 1977 Chuck became one of the first Canadians to receive deep brain stimulation. He improved with the procedure but developed pneumonia and in his weakened state died at age 16. In his final chapter, Chuck donated his body and brain to help others in furthering dystonia research.



REGISTER FOR OUR VIRTUAL EVENT AND SAVE!

Save over 20%

on your virtual registration fee if you register by the **Early Bird Deadline – April 30th!**

Registration date	Ages 13 and under	Adult (14+)
March – Apirl 30, 2020	\$20	\$35
May 1 - May 31, 2020	\$25	\$45



Register online at: dystoniacanada.org/chucksrun or call the DMRF: 416-488-6974 or 1-800-361-8061

BEGIN FUNDRAISING!

Once you have registered online, you can begin fundraising. For helpful fundraising tips and to learn more visit:

dystoniacanada.org/fundraisingtips