

SUPPORT GROUP GUIDELINES: ROLES AND EXPECTATIONS

*DMRF Canada Support Advisory Group
August 2024*

Participants:

Respect: The behaviour and responses of all in the meeting is one of respect and empathy. This includes recognition and respectful response to individual social, emotional, physical, spiritual and intellectual boundaries.

Time: Attending on time and ensuring that they are capable and available physically and emotionally to participate. All participants will have an opportunity to share their experiences in a timely manner. Monopolizing the conversation for any reason will be redirected. (this includes promotion of products or services)

If a participant does not want to participate and share they can pass on their turn without judgment. However it is important for all in the group to be introduced to each other.

Confidentiality: Everything shared in the support group meeting is confidential. This means that it stays within the group. The exception is in the case of abuse, crime or physical harm. This will be reported to the appropriate authority.

The Group Leader Role:

As well as adherence to the guidelines mentioned above the group leader will:

Welcome the participants, share any news or updates, provide time for introductions as well as the opportunity for each participant to share or pass. Leaders facilitate and keep the meeting moving along and on time. They end the meeting on a positive note and follow up on anything that may have come out of the meeting.