

# Alberta Dystonia Symposium

September 20, 2025

Red Deer, Westerner Park, Heartland Room

We invite you as part of the dystonia community to learn from medical professionals and each other, as well as participate in interactive sessions.

Guest speakers include:



Dr. Aakash Shetty, MBBS, MD, DM, DNB, Assistant Clinical Professor  
Department of Medicine, University of Alberta

Topic: Deep Brain Stimulation (DBS) and other treatment approaches, including the use of botulinum toxin and EMG-guided therapy to optimize targeted muscle delivery.



Dr. Davide Martino, MD, PhD, Cumming School of Medicine,  
Department of Clinical Neurosciences, University of Calgary.

Topic: Patient awareness and pathways to diagnosis and treatment; complementary therapies; how to increase awareness within the medical and public communities.



Jacquie Townsend, BMR PT, Physiotherapist, Alberta Neurologic Centre

Topic: Key motor-learning principles to help individuals living with dystonia to optimize their rehabilitation and exercise programs

Reserve your seat and complementary lunch **before** the August 25, 2025 deadline.

- boxed lunch at noon (with registration)
- activities and presentations are from 1:00 pm until 5:00 pm



All attendees are welcomed to register for this free event.

For information and transportation details call 1-587-456-8462, or visit:

[www.dystoniacanada.org/event/2025albertasymposium](http://www.dystoniacanada.org/event/2025albertasymposium)

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