

November 2025

Dear Friend,

Thank you for your continued support of our annual fundraising campaign. Because of donors like you, since 1999 the Edmonton Dystonia Support Group's year-end letter campaign has raised more than \$700,000 in support of the Dystonia Medical Research Foundation (DMRF) Canada.

Your contribution directly supports vital research and programs that advance our understanding and treatment of dystonia. In fact, 89% of all funds raised through this campaign are directed towards research initiatives or programs that support research.

As the only charitable foundation in Canada solely focused on dystonia, your support is vital. When you donate to us, your gift isn't duplicated elsewhere; without our collective effort, research and support for dystonia in Canada would slow down rapidly.

Since our first campaign, Deep Brain Stimulation (DBS) has become one of the most effective treatments for generalized dystonia. To demonstrate the remarkable effects of this procedure, we are including a story recently shared by Julie Trant. Since childhood, the effects of dystonia had a profound impact on Julie's quality of life. Once she became a mother, she watched in horror as dystonia took over her son's body with even greater severity. Julie's son underwent surgery for DBS. Encouraged by his bravery and success, Julie followed shortly after. Both have seen remarkable improvement in their symptoms and quality of life.

DBS is most effective for primary generalized dystonia. Yet, focal dystonias which affect only one part of the body yet with equally debilitating effects, are 10x more common. Help us continue to fund research so even more of those with dystonia can find treatments that work for them.

Thank you for continuing to give generously.

Warm regards,

Connie Zalmanowitz

Co-Chair, DMRF Canada Board of Directors

Brenda Currey

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President Edmonton Dystonia Support Group